



PLASTIC SURGERY

GUIDE

NO. 22 / 2022

Find the right surgeon with TheHealthyTreatments

LIPOSUCTION

LIPOSCULPTURE

All you need to know about cosmetic procedures in Colombia. How to find a Board Certified Plastic Surgeon? How to find the right surgeon?

TheHealthyTreatments

BOARD-CERTIFIED

PLASTIC SURGEONS

Are you traveling to Colombia for plastic surgery?

Bariatric Plastic Surgery
Recovery Hotel

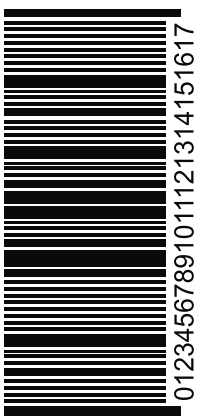
7 STEPS TO SUCCESSFUL

Cosmetic
Surgery

Rhinoplasty

The cost of Plastic Surgery?

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Plastic Surgery Colombia

Do you want to be treated in [Colombia](#) but can't find the right specialist? Are you looking for a [surgeon](#) in Cali, Bogota, Medellin or other city?



You are in good hands
with TheHealthyTreatments

Colombia!





Questions to ask before cosmetic surgery

PLASTIC SURGERY GUIDE

- Are you board certified in cosmetic surgery?
- Are you a member of the American Society of Plastic Surgeons / ASPS?
- Are you a member of the Sociedad Colombiana de Cirugia Plastica, Estetica y Reconstructiva / SCCP?
- Were you trained specifically in the field of plastic surgery?
- How many years of plastic surgery training have you had?
- Do you have hospital privileges to perform this procedure? If so, at which hospitals?
- Is the office-based surgical facility accredited by a nationally- or state-recognized accrediting agency, or is it state-licensed or Medicare-certified?
- How many procedures of this type have you performed?
- Am I a good candidate for this procedure?
- Where and how will you perform my procedure?
- How long of a recovery period can I expect, and what kind of help will I need during my recovery?
- What are the risks and complications associated with my procedure?
- How are complications handled?
- What are my options if I am dissatisfied with the outcome of my surgery?
- Do you have before-and-after photos I can look at for each procedure and what results are reasonable for me?

REF. AMERICAN SOCIETY OF PLASTIC SURGEONS

5 Essential Questions to ask at your **Cosmetic Surgery Consult**

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5 Essential Questions

to ask at your **Cosmetic Surgery Consult**

Every cosmetic surgery success story starts with a successful consultation:
your one-on-one conversation with a cosmetic surgeon.

In our experience, patients who ask plenty of questions get the most out of their consultation, and are often more satisfied with the choices they end up making. While there are no wrong questions to ask at a cosmetic surgery consultation, there are some key questions that you should include on your list when meeting with potential surgeons.

Don't leave a consultation until you've asked (and gotten satisfactory answers to) these 5 questions:

1. Are you board certified in cosmetic surgery?

When you confirm that a cosmetic surgeon is board certified Plastic Surgeon by ASPS/ SCCP, this answers a number of other important questions about that surgeon's training, experience, and commitment to patient safety. One of the most [effective ways to help ensure your surgery](#) will be performed by a qualified individual in a safe setting [is to choose a board certified plastic surgeon](#).

Board certification isn't just a status obtained by taking a test, it's a testament to having achieved a certain level of training, experience, and expertise in the specialty of cosmetic surgery.

2. How frequently do you perform the procedure(s) I want?

You want to [ensure that the cosmetic surgeon you choose is well-matched to deliver the outcome you desire](#).

Consider the benefits of choosing a cosmetic surgeon who performs the procedure you are interested in as a large percentage of his or her practice: that surgeon will be more likely to have worked with a variety of patients with different body types and will also likely be skilled in the most current techniques. The more times a cosmetic surgeon has performed your desired procedure, [the more before and after photos](#) there will be for you to [view](#) at the consultation to get a sense for his or her aesthetic style, [helping you to better decide if you like what you see](#).



5 Essential Questions to ask at your Cosmetic Surgery Consult

3. What type of anesthesia will I receive, and who will provide my anesthesia?

Discussing anesthesia options will help you prepare physically and mentally for a safe, smooth procedure.

While cosmetic surgeons vary in the type of anesthesia they use depending on the nature of the procedure and an individual patient's needs, all cosmetic surgeries will require some type of anesthesia.

Both **local anesthesia** (performed with the patient under sedation) and **general anesthesia** are statistically very safe when performed by a qualified provider. The best type of anesthesia for any given patient is unique. While local anesthesia does offer certain advantages, such as a shorter initial recovery, general anesthesia is usually necessary for more complex procedures, such as abdominoplasty, a full facelift, or when multiple procedures are being performed.

No matter what type of anesthesia a cosmetic surgeon recommends, **be sure** to ask your potential surgeon **who will be administering your anesthesia**. This person **should be a board certified physician (MD / DO)** anesthesiologist or a certified registered nurse anesthetist (CRNA).

4. What will my recovery be like?

You need to understand the details of the recovery process to decide whether this is the right time for you to have a cosmetic procedure.

Ask the cosmetic surgeon how much time you can expect to take away from your normal activities, including work, childcare, and exercise. Before you schedule surgery, you need to be sure you can handle being somewhat "out of commission" for a few days or weeks, depending on how complex a procedure you are considering.

5. What will be the total cost of my procedure?

Because cosmetic surgery is elective, you can expect to be responsible for all fees.

The total price for any surgical procedure will include surgeon's fees, anesthesia, operating room expenses, and any materials involved, such as breast implants. **Each patient's situation is unique, and the price for a procedure will vary depending on your specific needs and goals.**

REF. AMERICANBOARDCOSMETICSURGERY



If you are looking for the best experience in Medical Tourism, Colombia has a great combination of Specialists (Board-Certified Surgeons), Recovery House / Hotel, Nurse 24/7 and an enjoyable environment

Traveling to Colombia for health purposes is increasingly common given that foreigners and Colombians living abroad acknowledge that Colombian specialized medical centers and professionals are amongst the best in the world; not only in terms of infrastructure and high service standards, but also because of the welcoming environment.

The most common procedures of health tourism in Colombia are dentistry, ophthalmology and plastic surgery disciplines, due to the fact that in North America and Europe the cost is considerably higher than in Colombia—about 7 times more expensive

Are you planning on visiting Colombia for health tourism?

Planning this kind of trip requires a special preparation. To make your stay comfortable and even memorable despite the circumstances, we encourage you to consider the following advices:

1. Search for expert recommendations about any arising doubts regarding health traveling. Make sure you have all the information about the best way to accomplish your health objectives. Prioritize your well being over price. Choose the best procedure at hand, best service/quality and check certifications of possible professionals and institutions.
2. Determine the city where you'd like to travel according to the procedure and your tourism preferences. Every destination has a different offer.
3. Check the list of institutions that provide the service you're requiring. You can find this information in Proexport's website or in www.clinicatravel.co, a specialized website in health tourism where you will also find information on how to plan your trip.





Traveling to Colombia for Plastic Surgery

4. In case you're having plastic surgery, make sure the professional you choose is part of the Colombian Society of Plastic Surgery. You may also check their website for testimonies and recommendations.

5. If your procedure is rather a complex surgery, we suggest you make sure that the hotel you're choosing for your recovery has some experience in health tourism, due to the fact that you will require special infrastructure and aseptic conditions.

6. It's important to get informed about how long it will take for full recovery before you plan your trip back home.

7. To make the most out of your stay we suggest that you make some research beforehand, so that you have the opportunity to discover amazing touristic sites with your loved ones while your recover from your procedure.

REF. COLOMBIACO

An experience you'll enjoy!



Welcome to

THT Colombia

Choose the right Surgeon

WWW.THEHEALTHYTREATMENTS.COM

FIND THE RIGHT SURGEON

Your Board – Certified Plastic Surgeon
can help you reach your aesthetic goals.
TheHealthyTreatments Colombia

GET A FREE QUOTE



Rhinoplasty



Aesthetic surgical operation that aims to minimize the size of the nose.

Tummy Tuck



Is a completely a safe and simple surgical cosmetic procedure that aims to tighten the muscle.

Liposuction



Removes intractable fat from many areas of the body, including the abdomen, thighs, and neck.

Arms Lift



Eliminates excess fat in the arms, increases skin, tightens sagging and sagging skin.

Brazilian Butt



Extraction of fat from different areas of the body to inject them into the buttocks.

Breast Implants



Surgery that is performed to increase the size of the breasts. It involves placing implants.

Blepharoplasty



Blepharoplasty it repairs droopy eyelids and may consist of removing excess skin.

Botox



Treatment of expression wrinkles on the face: forehead, frown lines and crow's feet.



REASONS TO CHOOSE US Why TheHealthyTreatments

- 1 Ask a Surgeon
- 2 Board-Certified Plastic Surgeons
ASPS American Society of Plastic Surgeons
SCCP Colombian Society of Plastic Aesthetic and Reconstructive Surgery
- 3 Patient Safety

Board-Certified Plastic Surgeons
www.thehealthytreatments.com

Plastic Surgery Packages

Plastic Surgery Procedures are personal procedures and require special planning. For this reason, we offer packages, separate and special planning for each of our patients. To get price information, you can apply to us with your photos, and you can also request detailed information after a video call with our doctor.

CUSTOMIZE YOUR PACKAGE

1 Find the right Plastic Surgeon

2 Customize your Package

- ☐ Transportation
- ☐ Translator
- ☐ Pre-Op Tests
- ☐ Recovery House
- ☐ Meals
- ☐ Nurse
- ☐ Massages
- ☐ Laundry
- ☐ Tourism

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SURGEON** Plastic Surgery
Colombia

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